

You pray this novena for nine months, beginning with the Annunciation (March 25) and ending on Christmas Eve. It's a great way to meditate on the time Jesus was in His mother's womb before He was born.

You may pray for up to three intentions.

**Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope.
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs, mourning and weeping in this valley of tears.
Turn, then, most gracious advocate, thine eyes of mercy towards us,
And after this our exile, show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary.**

**Pray for us, O Holy Mother of God,
That we may be made worthy of the promises of Christ.**

**O Virgin of the Incarnation, a thousand times we praise thee, a thousand times we greet thee, for the joy thou didst know when the Son of God took flesh in thy womb.
Because thou art powerful, O Virgin Mother of God, grant what we beseech thee, for the love of God.**

(Here name your three intentions).

**Remember, O Most Gracious Virgin Mary,
That never was it known that anyone who fled to thy protection,
Implored thy help, or sought thy intercession, was left unaided.
Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother.
To thee do I come, before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions,
But in thy mercy, hear and answer me.**

**Hail Mary, full of grace, the Lord is with thee.
Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored and loved with grateful affection, at every moment, in all the tabernacles of the world and in the hearts of all men, even until the end of time. Amen.